

SILVER DIAMINE FLUORIDE (SDF) – POST OP INSTRUCTIONS

- Your child had SDF treatment placed on the tooth/teeth.
- Please do not allow your child to eat or drink for 30 mins after procedure.
- Brushing and Flossing can be resumed as normal at night.
- You may notice darkening of the treated areas as soon as you leave the office. Some areas may darken with time - this is normal!
- Your child had fluoride varnish placed over the treated areas to extend the period the medication is retained on the teeth.
- If you notice any stains on your child's skin, it will exfoliate on its own in 10-14 days. You can use an exfoliant to accelerate stain removal such as (salt/water slurry, soap/water). Stains on clothes are permanent.
- Most areas need to be treated with at least 2 applications of SDF within 2-4 weeks.
- After the second application, you may be instructed to return to the office in 3 to 6 months to reapply/recheck the treated areas for optimal cavity control. After that, yearly applications may be recommended.

